



Protect and prevent

Keep your child and community safe from measles



What you need to know:

- **It's serious.** Measles is an upper respiratory virus that can cause serious health problems. It can be dangerous for infants and young children. About 1 out of 4 people who get it are hospitalized.
- **It's contagious.** The virus spreads when an infected person breathes, coughs or sneezes. It can live in the air for up to two hours after an infected person leaves the area. One infected person can infect 12 to 18 unvaccinated people.
- **It's preventable.** The MMR vaccine protects against measles, mumps and rubella. Two doses of the vaccine are about 97% effective at preventing measles. Children should get the vaccine when they are 12-15 months and again when they are 4-6 years old, before starting school.

Schedule an appointment with your primary care doctor today to protect your child and the community.



Make appointment.

