

PAIN MANAGEMENT

SAFE AND SOUND

Opioids and other medications should help your child feel better, but can cause injury if not used safely.

Safe dosing



- ALWAYS use the measuring tool.
- Set an alarm to give medicine at the correct time.
- Call a pharmacist or Poison Control if you have questions.

Safe storage



- Keep medicine locked up and out of a child's reach.
- Store medicine in its original container.
- Remind friends and relatives to put medicine out of reach when children are visiting.

Safe disposal



- Do NOT use expired medicines.
- Do NOT flush medicine in the toilet. It affects our water supply.
- Visit meddropbox.org to find the nearest drop box for expired medicines.

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