

# Crisis contact information for youth



## If your child is a danger to themselves or someone else, do not delay!

- Take your child to the nearest emergency room.
- Call 911 if you cannot transport your child safely.

## If you are not sure:

If your child is a danger to themselves or someone else, call for advice or help.

## Cook Children's Psychiatry Intake Line 682-885-3917

- *Press the emergency prompt.*

## Tarrant County MHMR Crisis Line 1-800-866-2465

- *Available 24 hours a day*
- *Provides face-to-face assessments to help families decide how to help their child.*



Just breathe  
Open up  
You matter

The Joy Campaign is a suicide prevention communication initiative led by Cook Children's to bring hope and needed resources to children and families facing struggles and dark times in their lives.

## If you need to talk or if you are concerned about someone, please call for advice or help.

### Suicide Prevention

**1-800-273-8255 (TALK)**  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

### Crisis Text Line

**Text: "Home" to 741-741**

### 24/7 LGBTQ Crisis Support

**1-866-488-7386**

Text "Trevor" to: 1-202-304-1200

*Trevor Life Line, Trevor Chat, Trevor Text*

### SafeHaven

**1-877-701-7233**

*Domestic Violence*

### RAINN

**1-800-656-4673**

### National Sexual Assault Hotline

*24/7 Advocate and Counseling - English and Spanish*

### SAMHSA

**1-800-662-4357**

*Substance Abuse and*

*Mental Health Services Administration*

### Hope Line

**1-877-235-4525**

*24/7 Call or Text for counseling and local resources*